

FEBRUARY 2021

MONDAY	8am	9am	Team RIDE	In Club Only	Tarsha
MONDAY	9am	10am	Open Gym	In Club Only	Tarsha
MONDAY	4pm	5pm	Open Gym	In Club Only	Bryan
MONDAY	5pm	5:30pm	Team HIIT	In Club Only	Jen
MONDAY	5:30pm	6pm	Team HIIT	In Club & Zoom	Jen
MONDAY	6:15pm	7pm	Team YOGA	In Club & Zoom	Lisa

TUESDAY	5am	6am	Team FUSION	In Club Only	Lori
TUESDAY	6am	7am	Team TRAIN	In Club & Zoom	Lori
TUESDAY	5:30pm	6:30pm	Team TRAIN	In Club Only	Mike
TUESDAY	6:30pm	7:30pm	Team RIDE	In Club Only	Ken

WEDNESDAY	5am	6am	Team X-FIT	In Club & Zoom	Bryan
WEDNESDAY	6am	7am	Team FUSION	In Club Only	Jen
WEDNESDAY	4pm	5pm	Team BARRE	In Club & Zoom	Chelsea
WEDNESDAY	5pm	6pm	Open Gym	In Club Only	Jen
WEDNESDAY	6pm	7pm	Team FIGHT	In Club & Zoom	Jen
WEDNESDAY	7pm	8pm	Open Gym	In Club Only	Jen

THURSDAY	6am	7am	Team TRAIN	In Club & Zoom	Lori
THURSDAY	7am	8am	Team TRAIN	In Club Only	Lori
THURSDAY	8am	9am	Team FUSION	In Club Only	Tarsha
THURSDAY	9am	10am	Open Gym	In Club Only	Tarsha
THURSDAY	5pm	6pm	Open Gym	In Club Only	Tim
THURSDAY	6pm	7pm	Team TRAIN	In Club & Zoom	Tim

FRIDAY	5am	6am	Team FUSION	In Club Only	Lori
FRIDAY	6am	7am	Team RIDE	In Club Only	Jen
FRIDAY	8am	9am	Team STEP	In Club Only	Lori
FRIDAY	3pm	4pm	Open Gym	In Club Only	Bryan
FRIDAY	4pm	5pm	Team BARRE	In Club Only	Chelsea
FRIDAY	5pm	6pm	Team X-FIT	In Club Only	Bryan

SATURDAY	7am	8am	Team TRAIN	In Club Only	Lori
SATURDAY	8am	9am	Team RIDE	In Club Only	Lori
SATURDAY	9am	10am	Open Gym	In Club Only	Lori
SATURDAY	10am	11am	Open Gym	In Club Only	Lori

SUNDAY	8am	9am	Team FIGHT	In Club Only	Jen
SUNDAY	9am	10am	Team FUSION	In Club Only	Jen
SUNDAY	10am	11am	Open Gym	In Club Only	Mike
SUNDAY	11am	12pm	Open Gym	In Club Only	Mike